

# Memorial Day Meleé

May 27-29, 2005

Sanctioned by USA Swimming & Illinois Swimming. Sanction No. ILL0527-05

**LOCATION** Adlai E. Stevenson High School (see attached map)  
1 Stevenson Dr.  
Lincolnshire, IL 60069

**FACILITY** Patriot Aquatic Center. 8-lane, 50-meter competition pool with non-turbulent lane lines and Colorado 5000 timing systems. Water depth at the start end of the south pool is 4 feet and 14 feet at the north end. There is seating for approximately 900 spectators.

**TEAMS**

**Arlington Alligators**  
**COHO Swim Club**  
**Elk Grove Swim Club**  
**Oak Brook Stars**  
**Scout Aquatics**

**Barrington Swim Club**  
**Dundee Dolphins**  
**Lake Central Barracudas**  
**Patriot Aquatic Club**

**Cats Aquatic Team**  
**Elgin YMCA Pelicans**  
**Naperville Swim Team**  
**NSSC**

Meet Director	Safety Coordinator	Meet Referee
Susan Whitehouse	Karl Milkereit	Naomi Chambers

**Entries**

Susan Whitehouse  
1 Stevenson Dr  
Lincolnshire, IL 60069  
swhiteho@district125.k12.il.us

**FORMAT** Timed finals with positive check-in. Check-in sheets will be posted prior to the start of warm-ups, and will be removed 30 minutes prior to the start of the session. If you are not checked-in, you will be scratched from that session.

<u>Session</u>	<u>Warmup Start</u>	<u>Check-in Closes</u>	<u>Meet Starts</u>
Friday PM (Distance Events)	4:30 PM	5:00 PM	5:30 PM
Saturday & Sunday AM (10-Under, 11-12)	7:00 AM	7:30 AM	8:00 AM
Saturday & Sunday PM (13 & Over)	12:00 PM*	12:30 PM*	1:00 PM*

\* denotes an approximation

**Be sure that your entry is filled out completely and that all forms accompany your entry (team summary, volunteer assistance, signed release form, etc).  
Incomplete entries will be sufficient cause for refusal of entry.**

**ELIGIBILITY** Swimmer's age as of May 27, 2005 will determine his or her age for the entire meet. Only USA Swimming registered athletes are eligible. All swimmers must be registered prior to competing. Entries listed as "Registration applied for" will not be accepted.

**ENTRIES** Swimmers may enter up to 3 events per day (excluding relays). Entry times should be in Long Course Meters (you may convert SCY times). Teams must submit their entry in a Hy-tek file, zipped in an email. A printed SDIF report including full name, USA number, event numbers, and entry times of all swimmers must be included with the entry. This report will serve as your official entry form. Relay entries, and a signed release with fee summary must accompany the entry.

**EMAIL ENTRIES** The following guidelines must be followed for e-mail entries.

1. Official entry forms and all entry fees and swimmer surcharges are due within 72 hours of receipt of entry.
2. E-mail entries must be in the form of a Hy-tek or SDIF file. You must "zip" the file so that it arrives to the entry chair intact.
3. Your club's entire entry must be sent in one email. Please do not flood us with several emails which compose one single team entry.
4. Please be aware of the email address and enter it accurately. Emails addressed with the full last name of the meet director will not be delivered.

The host club accepts no responsibility for receipt or quality of transmission.

<b>ENTRY FEES</b>	<p>\$2.50 per individual entry          \$7.00 per relay entry          \$1.00 surcharge per swimmer entered          Make all checks out to <i>Patriot Aquatic Club</i>, with one check per club.</p>
<b>ENTRY DEADLINE</b>	<p>Entries must be sent to the Entry Chair. They will not be accepted after May 9, 2005. Entries MUST be sent initially by electronic mail.</p>
<b>RULES &amp; SAFETY</b>	<p>All current USA Swimming and ISI Rules and Regulations apply. All ISI and USA Swimming safety rules will be strictly enforced.</p>
<b>USA SWIMMING MEMBERSHIP</b>	<p>Insurance regulations require that all swimmers, coaches, judges, starters, and referees be a current member of USA Swimming, Inc. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches, and officials who are not current members of USA Swimming, Inc. may not participate in the meet nor be on the pool deck. Be sure to display your credentials in order to gain access to the pool deck.</p>
<b>SWIMMERS WITH DISABILITIES</b>	<p>In accordance with USA Swimming Rules, Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee with specific requests.</p>
<b>AWARDS</b>	<p>Ribbons will be awarded for 1st - 8th place in each individual event, and 1st - 3rd in relay events. Swimmers in the 15 &amp; Over age group will not receive ribbons.</p>
<b>CLERK</b>	<p>The host club reserves the right to assign 10 &amp; Under events for a clerk of the course.</p>
<b>SEEDING</b>	<p>All events will be seeded slowest to fastest. Be sure to enter your times in Long Course Meters (LCM) to ensure that you are properly seeded. Non-conforming times will be converted to LCM by the Hy-Tek software.</p>
<b>STARTS</b>	<p>At the meet referee's discretion, fly-over starts may be implemented in order to ensure that each session is completed in a timely manner.</p>
<b>LIMITATIONS</b>	<p>The host club reserves the right to limit the number of heats swum for all 400m and 1500m events and 200m events for 12 &amp; unders, in order to ensure completion of the session within a 4-hour time frame. Any entries which are cut by the host club will not be refunded. The host club also reserves the right to swim a heat comprised of its own swimmers after the cut has been made.</p>

**CONCESSIONS** Food and beverage will be available. Food may be eaten in the glass commons, the area behind the starting end of the pool with a glass wall that permits viewing of the meet. **NO FOOD OR DRINK WILL BE ALLOWED IN THE POOL STANDS OR ON THE POOL DECK.** No smoking is allowed anywhere on the high school campus by state law.

**PARKING & ADMISSIONS** Participants and spectators are requested to park in the "D" Lot. There will be an admissions charge for all spectators 15 and older.

**RESULTS** Final results will be posted on the PAC website in HTML and PDF format. Host teams are asked to download the results themselves, to help defray postage costs. PAC's website is [<http://www4.district125.k12.il.us/pac/> ]. Any additional awards will be mailed to clubs.

*Patriot Aquatic Club Memorial Day Melee*  
*Stevenson High School*  
*May 27-29, 2005*

*ORDER OF EVENTS*

**Session 1 – Friday Night**

1	12 & Under 200 IM	2
3	Open 400 Free	4
5	12 & Under 200 Free	6
7	Open 400 IM	8

**Session 2 – 1500's**

9	Open 1500 Free	10
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*Start Time is 10 minutes after the completion of the last heat of event 8.*

*Heats will be swum alternating girls and boys, fastest to slowest.*

Session 3 - Saturday Morning  
 Warmups at 7 am, Meet starts 8 am  
 am

Session 5 - Sunday Morning  
 Warmups at 7 am, Meet starts 8  
 am

<u>Girls</u>	<u>Event</u>	<u>Boys</u>	<u>Girls</u>	<u>Event</u>	<u>Boys</u>
13	11-12 50 Fly	14	45	11-12 100 Fly	46
15	10-U 50 Fly	16	47	10-U 100 Fly	48
17	11-12 100 Free	18	49	11-12 50 Free	50
19	10-U 100 Free	20	51	10-U 50 Free	52
21	11-12 50 Breast	22	53	11-12 100 Breast	54
23	10-U 50 Breast	24	55	10-U 100 Breast	56
25	11-12 50 Back	26	57	11-12 100 Back	58
27	10-U 50 Back	28	59	10-U 100 Back	60
29	11-12 200 Free Relay	30	61	11-12 200 Med. Relay	62
31	10-U 200 Free Relay	32	63	10-U 200 Med. Relay	64

Session 4 - Saturday Afternoon  
 Warmup at 12, Meet Starts at 1 pm

Session 6 - Sunday Afternoon  
 Warmup at 12, Meet Starts @ 1 pm

<u>Girls</u>	<u>Event</u>	<u>Boys</u>	<u>Girls</u>	<u>Event</u>	<u>Boys</u>
33	13 & O 100 Breast	34	65	13 & O 100 Fly	66
35	Open 200 Fly	36	67	Open 200 Breast	68
37	13 & O 200 Free	38	69	13 & O 100 Free	70
39	Open 200 Back	40	71	13 & O 100 Back	72
41	13 & O 50 Free	42	73	13 & O 200 IM	74
43	13 & O 200 Free Relay	44	75	13 & O 200 Medley Rel	76

Patriot Aquatic Club  
Memorial Day Meleé  
May 27-28, 2005

Team summary & Release Form

Complete this form and mail along with your Entry Forms and check (payable to Patriot Aquatic Club) to the Meet Entry Chair, no later than May 9, 2005.

Susan Whitehouse  
1 Stevenson Dr  
Lincolnshire, IL 60069

(847) 634-4000 x1670  
swhiteho@district125.k12.il.us

**Summary of Fees**

Individuals	No. of Entries	_____	@ \$2.50 ea. = _____
Relays	No. of Entries	_____	@ \$7.00 ea. = _____
Total # of Swimmers		_____	@ \$1.00 ea. = _____
			Total Meet Fees _____

Name of Club: \_\_\_\_\_

Club Code: \_\_\_\_\_ LSC: \_\_\_\_\_

Head Coach : \_\_\_\_\_

Club Mailing Address \_\_\_\_\_

\_\_\_\_\_

Contact for Entries: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

***This signed release must accompany entry or entry will not be accepted!***

*In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and all participants in the meet from my club, hereby consign, waive and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming Inc., Patriot Aquatic Club, Stevenson High School District No. 125, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said meet, as a representative of my club. In addition, I attest that all athletes included in this entry and participating in this sanctioned event are duly registered as current athlete members of USA Swimming.*

Club Rep. Signature \_\_\_\_\_

Date \_\_\_\_\_

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Stevenson High School  
May 27-29, 2005

Warm-Up Procedure

General Warm-up: First 30 Minutes

- No diving allowed from blocks or from the edge of the pool
- Swimmers must enter the pool feet-first in a cautious manner
- No sprinting or pace work is permitted during this period of the warmup
- All lanes will be used for general warmup

Specific Warmup: Last 15 Minutes

- Lanes use  
Lanes 2, 3, 6, 7 Dive / Spring  
Lanes 1, 4, 5, 8 General Warm-Up
- Diving / Sprint Lanes  
Sprint lanes for diving from the blocks or for backstroke starts in specified lanes at designated time  
ONE WAY SWIMMING ONLY
- General Warm-Up Lanes  
CIRCLE SWIM ONLY  
NO DIVING
- At conclusion of the 15 minute warm-up period, all swimmers must clear the pool
- The first event will start no sooner than 15 minutes from the conclusion of the specific warmup.

COACHES RESPONSIBILITIES

- Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
- Coaches shall be on deck during warm-ups and shall actively supervise their swimmers throughout the entire warm-up sessions at meets and at all practices.
- Backstrokers shall ensure that they are not starting at the same time as s swimmers on the blocks.
- Unattached swimmers, or swimmers attending the meet without coaches, should report to the safety coordinator for lane assignment.
- Any coaches' meetings at this meet will be conducted at times other than the 30 minute general warmup and the 15 minute specific warmup.

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Map & Directions to the Pool

Stevenson High School  
Lincolnshire, IL 60069

Stevenson High School's Aquatic Center is located adjacent to Parking Lot "D".

Stevenson is located on Route 22 (Half-Day Road). It is between Route 83 and the Tri-State Tollway. This map is drawn exactly to scale. Seriously.

Half Day Road (Route 22)

<- to Route 83

<

Tri-State Tollway

<- To Chicago

Milwaukee Ave.

Route 21/45

<- to Lake-Cook Rd.

Stevenson



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 Age Group: \_\_\_\_\_

Team: \_\_\_\_\_  
 Code: \_\_\_\_\_  
 Contact #: \_\_\_\_\_  
 Boys / Girls

Name	Age	Event	Event	Event	Event	Event	Event	Event	Event
ID #									
1.									
2.									
3.									
4.									
5.									
6.									
7.									
8.									
9.									
10.									
11.									

Relay Event #	Relay Event #	# Swimmers - ISI Srchrg.	_____ x	\$1.00 =	\$ _____
A	A	Total # Events	_____ x	\$2.50 =	\$ _____
B	B	Total # Relay Events	_____ x	\$7.00 =	\$ _____
C	C	Page Total	_____ x		\$ _____

Please make additional copies of this page as necessary.

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### **Hotel Information**

**Be sure to contact either of the following hotels for a great Stevenson rate!**

**Each hotel is located within minutes of Stevenson High School.**



SpringHill Suites Chicago Lincolnshire  
300 Marriott Drive  
Lincolnshire, IL 60069  
Phone: 1 847-793-7500  
Fax: 1 847-793-0322



Courtyard Chicago Lincolnshire  
505 Milwaukee Avenue  
Lincolnshire, IL 60069  
Phone: 1 847-634-9555  
Fax: 1 847-634-8320