

Conference Sign-up Information

“A” Gold Conference Info	“B” Conference Info
Monday, July 16, 2007 Oswego East HS 1:00 distance warm-up 2:00 distance events 3:00 regular warm-up 4:00 meet starts	There will be no “B” Conference this summer.
“A” Conference Entries	“B” Conference Entries
The coaches will finalize this entry on Monday, July 9. If you would like to attend this meet, please fill out this form and return it before that time. The coaches will make the best line up possible. Swimmers in JO’s, Zones, Sr Champs, or Nationals will not attend this meet.	There will be no “B” Conference this summer.

Complete this form and circle the events you would like to swim at “A” Conference. Return this form to the coaches by **Monday, July 9**. We will do our best to enter you in the event you would like to swim. However, we are limited to 2 swimmers and 1 relay per event. Swimmer may swim up to 5 events including relays.

Name	Group	Coach	Age	Birthday

Please circle the events you would like to swim. We will do our best to accommodate you.

1	Female 12 & U	500	Free	36	Male 13-14	100	Back
2	Male 12 & U	500	Free	37	Female 8 & U	50	Free
3	Female 13-14	500	Free	38	Male 8 & U	50	Free
4	Male 13-14	500	Free	39	Female 9-10	200	Free
7	Female 9-10	200	Medley Relay	40	Male 9-10	200	Free
8	Male 9-10	200	Medley Relay	41	Female 1-12	200	Free
9	Female 11-12	200	Medley Relay	42	Male 1-12	200	Free
10	Male 11-12	200	Medley Relay	43	Female 3-14	200	Free
11	Female 13-14	200	Medley Relay	44	Male 3-14	200	Free
12	Male 13-14	200	Medley Relay	46	Male 8 & U	25	Fly
13	Female 8 & U	25	Free	47	Female 9-10	50	Fly
15	Female 9-10	200	Free	48	Male 9-10	50	Fly
16	Male 9-10	200	Free	49	Female 11-12	100	Fly
17	Female 11-12	200	Free	50	Male 11-12	100	Fly
18	Male 11-12	200	Free	51	Female 13-14	100	Fly
19	Female 13-14	200	Free	52	Male 13-14	100	Fly
20	Male 3-14	200	Free	53	Female 8 & U	25	Breast
21	Female 8 & U	100	IM	55	Female 9-10	50	Breast
22	Male 8 & U	100	IM	56	Male 9-10	50	Breast
23	Female 9-10	100	IM	57	Female 11-12	100	Breast
24	Male 9-10	100	IM	58	Male 11-12	100	Breast
25	Female 1-12	200	IM	59	Female 13-14	100	Breast
26	Male 1-12	200	IM	60	Male 1 3-14	100	Breast
27	Female 3-14	200	IM	63	Female 9-10	200	Free Relay
28	Male 3-14	200	IM	64	Male 9-10	200	Free Relay
29	Female 8 & U	25	Back	65	Female 1-12	200	Free Relay
30	Male 8 & U	25	Back	66	Male 1-12	200	Free Relay
31	Female 9-10	50	Back	67	Female 3-14	200	Free Relay
32	Male 9-10	50	Back	68	Male 3-14	200	Free Relay
33	Female 11-12	100	Back				
34	Male 1-12	100	Back				
35	Female 1 3-14	100	Back				