

**IRISH AQUATICS WINTER INVITATIONAL**  
**January 9-11, 2009**

**Sanction:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction # **IN09125**

**Host:** Irish Aquatics Swim Club  
PO Box 8353  
South Bend, IN 46660

**Location:** Rolfs Aquatic Center  
University of Notre Dame

**Facility:** Rolfs Aquatic Center is a 50 meter pool and will be divided into two 25 yard, 8-lane competition pools with a brand new, full-video, Colorado electronic display. A warm down area will be available between the floating bulkheads and will be marshalled at all times. Circle swimming only. Limited balcony seating is available. Swimmer "camping" will not be allowed in the spectator area. These rules will be strictly enforced by the University. Bleachers are available on deck for all swimmers. Notre Dame has requested that swimmers remain on deck with their team. Notre Dame does not allow backpacks or coolers in the spectator area.

**NO SMOKING ALLOWED IN THE BUILDING.**

We are privileged to use this outstanding facility.

Remember:

Keep all trash picked up.

Do not go or let children go into unauthorized areas.

Radios, balls, and /or other distractions which may be a detriment to swimmers, coaches, officials, or spectators will not be tolerated.

No glass containers of any kind on deck.

Please be respectful of University ushers and parking attendants.

**Parking:** Parking will be available south of the Joyce Center on Friday and to the north across from the library or south of the Joyce Center on Saturday and Sunday. Due to the possibility of other events at the University, dropping your swimmer(s) off at the entrance may not be possible. A 2 to 5-minute walk to the pool entrance should be anticipated. Do not park along the curb near the pool or you may be ticketed and/or towed.

**Rules:** Current USA Swimming and Indiana Swimming rules will govern this meet.

**Eligibility:** Swimmers must be registered with USA Swimming to be accepted into this meet. Swimmer age as of January 9, 2009 will determine age for this meet. USA Swimming numbers must accompany the entry.

**Coaches & Officials Credentials:**

**All coaches MUST constantly display their current USA Swimming coach credentials to gain deck access.** The meet referee reserves the right to ask for coach credential display and/or deny deck access if the coach does not comply or card is no longer valid/current.

**Format:** This meet will be deck-seeded, timed finals. Swimmers must check in 45 minutes prior to the start of their session. Irish Aquatics reserves the right to combine age groups and/or gender in separate pools. We also reserve the right to limit the number of entries in any or all events. There will be no relays for the 13 – 14 and 15 & Over. All sessions involving 12 & under swimmers will be run according to a time line following the 4 hour rule. **Flyover starts MAY be in use for this meet. This will be announced at the coaches meeting prior to the start of every session. Please instruct your swimmers on these flyover rules to facilitate a smooth running session.**

**Entry Limitations:** Each swimmer will be limited to 5 individual events per day (Relays are not included in your 5 event limit). **Entry times must be in short course yard times only. FRIDAY NIGHT EVENTS MAY BE LIMITED (SEE EVENT LIST FOR POSSIBLE LIMITS).** We will refund any entries who do not qualify for limited events on Friday night. No updates to Friday night events will be accepted after the cut-off times are announced.

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**Meet Director:** Cindy Diamond  
cynthiadiamond@prodigy.net  
574-292-6272

## **Officials & Timers:**

The Irish Aquatics Swim club would appreciate any help with officiating from visiting clubs. Please submit the names of your officials with your team entry. **Any team with more than 5 swimmers is requested to provide two timers AND one official per session. Due to this being a two pool meet, we greatly appreciate any and all help with officials and timers. Thank you!**

**Fees:**

Individual entry	\$4.00
Relay entry	\$6.00
Individual Deck entry	\$8.00
Relay Deck entry	\$10.00
Indiana Swimming Athlete Surcharge	<b>\$1.50</b>

**Entry Chair:** Mike Laubacher  
726 Cherry Tree Lane  
South Bend, IN 46617  
michael.laubacher@gmail.com  
330-806-7284

## **Entry Acceptance and Deadline Dates:**

Entries will be accepted starting Tuesday December 9, 2008. The entry deadline will be Friday December 12, 2008 at **12 noon**. We will extend the deadline if the meet is not full. Teams not accepted will be notified by Sunday December 14, 2008 by 8:00 p.m. Please note: **South Bend will be on Eastern Daylight Savings Time (one hour ahead of Chicago).**

## **Entry Procedure:**

1. Between 12:01 a.m. Tuesday, December 9 and Friday noon, December 12, 2008 submit your entries over the internet in a USA Swimming approved SDIF file format (any file recognized by Hytek's Meet Manager) by the following procedure:

- Create a standard meet entry file on your computer (CL2, HY3, SDIF, or SD3). (Allow your computer to zip the file).
- Any team with 2 or more swimmers must enter with a Team Manager file.
- Attach the file to an e-mail addressed to:  
michael.laubacher@gmail.com
- Make sure the text of the e-mail has the team name, name of person submitting the entry, and the phone number where this person may be reached. **Please give the names of your officials along with e-mail addresses.**
- Submit the entry.
- In a short while you will receive an e-mail that will confirm that your entry has been submitted.
- Report any problems to the Entry Chair.

2. When your team is accepted into the meet, the entry chair will e-mail back to the designated individual an Entry Report for your team. Check this entry report carefully and report any errors by e-mail as soon as possible. (Deadline for changes is noon Friday December 19, 2008.) **CHANGES ACCEPTED BY E-MAIL ONLY.** After the deadline, December 19, 2008, any additions will be considered deck entries and will be charged as such.

3. Send the following so it will be received by the entry chair at their address on or before December 22, 2008.

- Check for payment of all entry fees.
- Executed release and hold harmless agreement.
- Officials' sign-up sheet.
- Summary page with the checklist/statement of Desired Form of Results.

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## 4. Other entry rules:

- USA Swimming Rules 202.3.2 – At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.
- Current and correct USA Swimming ID numbers must be supplied with the entry for every swimmer.
- “No times” will be accepted, but will be seeded slowest. Entries should be submitted in **SHORT COURSE YARD** times.
- The original Entry report sent to you by IA is the official record of your team’s entry. No other information will be considered if there is an entry error or discrepancy. No refunds will be made due to your failure to review the reports sent to you by the Irish Aquatics.
- Your electronic entry file must include all team information regarding your coach name(s), team address where the hard copy of the final results will be sent, team phone number and team e-mail address.
- Note: First-come, first served is not listed in the meet acceptance criteria below.

**Acceptance Criteria:** If the meet is over-entered, Irish Aquatics has the sole discretion to determine which entries to accept. IA will consider:

- Prior participation in this or other IA hosted meets
- Accuracy and completeness of entry.
- Teams will not be broken.
- **Number of officials provided by the team.**
- Level of competition

**Suit Restrictions:** All 12 and under swimmers participating in a meet sanctioned by the Indiana LSC must comply with the new swimwear rules passed into legislation by the 2008 Indiana Swimming House of Delegates. This legislation modifies USA Swimming rule 102.9.1 as follows:

**A. Swim suits worn by 12 and under males participating in all Indiana Swimming sanctioned “age group” competitions will not extend above the navel or below the knees.**

**B. Swim suits worn by 12 and under females participating in all Indiana Swimming sanctioned “age group” competitions will not cover the neck, extend past the shoulders; extend beyond the shoulder, nor below the pelvis.**

**C. Swimsuits worn for competition must be non-transparent and conform to the current concept of appropriate.**

**D. The referee shall have the authority to bar offenders from the competition until they comply with the rule.**

**1650 Freestyle:** The 1650 yard freestyle will be limited to the top 16 swimmers in each event. Heats will be swum in order of fastest to slowest seeded heats. Swimmers must provide 1 timer and a person to count laps. Splits at the 1000-yard mark may be taken if the coach notifies the referee prior to the swimmer’s heat. We will refund entry fees for swimmers who do not make the top 16 in the event entries that are limited. Teams with swimmers that do not make the top 16 will be notified by December 22, 2008.

## **Limited Events:**

Friday evening events may be limited in order to finish between 8:30 and 9:00 p.m. It may also be necessary to limit the number of heats of the 11-12 boys and girls 200 free. Teams will be notified if this is the case. We will refund entry fees to individuals in events that have to be limited. The host team reserves the right to allow host team swimmers to participate in Friday events, even if the events are limited.

Any limited events will be posted on our website, [www.irishswimming.org](http://www.irishswimming.org) by Wednesday, January 7, 2009 at 5pm.

## **Check In:**

There will be a positive check-in. **Swimmers must check in 45 minutes before the start of their session.** If the swimmer is not checked in, he/she will be considered scratched.

**Clerk of Course:** After scratches are pulled for each session, the events for that session will be seeded, and heat sheets will be posted at various locations on the pool deck. Only 8 & under swimmers will report to the clerk of course at the diving end of the pool. 9 & over swimmers will be expected to read the posted heat sheets and report to the correct heat and lane when it’s time for them to swim their event.

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**Awards:** Ribbons for 14 & Under.  
Individual Events: 1<sup>st</sup>-16<sup>th</sup>  
Relays: 1<sup>st</sup>-3<sup>rd</sup>  
First and second place high point award for each age group up to and including 13-14; boy and girl.

**Scoring:** Individual events are scored as follows:  
20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
Relay Events are scored as follows:  
40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

**Admission:** \$4.00 admission per day for non-participants 10 & over  
Wristbands will be available for \$10.00, good for the entire weekend.

**Final Results:** Participating teams with 5 or more swimmers will receive final results. Other copies may be ordered for \$10.00.

**Concessions:** University concessions will be available.

**Time Schedule: All times Eastern Daylight Savings Time.**  
**South Bend is 1 hour ahead of Chicago and NW Indiana**

Coaches are to monitor and enforce warm-up procedures.

**Friday P.M.:**

Doors open: 3:30 P.M.  
Warm-ups: 3:45-4:55 P.M.  
**12 & Under: 3:45 – 4:15 P.M.**  
**13 & Over: 4:15 – 4:55 P.M.**  
Meet Begins: 5:00 P.M.

**Saturday & Sunday:**

**AM Session:**

Doors open: 6:45 A.M.  
Warm-ups: 7:00-7:50 A.M.  
Meet Begins: 8:00 A.M.

**PM Session:**

Warm-ups not before: 11:30 AM – 8 & under events will be swum in the north pool exclusively. Please keep 8 & under warm up in this pool if possible.  
Meet begins not before: 12:30 p.m.

\* Irish Aquatics reserves the right to start the morning session later if the meet is not full. Coaches/entry persons will be notified of a change via e-mail no later than January 7, 2009. The information will also be posted on the Irish Aquatics web site which is [www.irishswimming.org](http://www.irishswimming.org)

**Hotel Information:** Hotel information can be found at the end of this document, and also will be posted on our website.

USA Swimming, Inc., Indiana Swimming, Inc. and Irish Aquatics, Inc. shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

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Girl's Event #	Event	Boy's Event #	Heat Limit
<b>Sessions 1 &amp; 2 Friday P.M.</b>			
1	9 & 10 200 Free	2	4
3	11-12 500 Free	4	4
5	13-14 500 Free	6	4
7	15 & Over 500 Free	8	4
9	9-10 200 I.M.	10	4
11	11-12 200 I.M.	12	4
13	13-14 400 I.M.	14	3
15	15 & Over 400 I.M.	16	2
<b>Sessions 3 &amp; 4 Saturday A.M.</b>			
XXX	Boys Only 11-12 200 Free	18	7
19	9-10 100 Fly	20	none
21	11-12 50 Fly	22	none
23	9-10 50 Breast	24	none
25	11-12 100 Breast	26	none
27	9-10 100 Back	28	none
29	11-12 50 Back	30	none
31	9-10 50 Free	32	none
33	11-12 100 Free	34	none
35	9-10 200 Free Relay	36	none
37	11-12 200 Free Relay	38	none

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**Sessions 5 & 6**

**Saturday P.M**

39	13-14 200 I.M.	40	none
41	15 & Over 200 I.M.	42	none
43	8 & U 100 I.M.	44	none
45	13-14 100 Free	46	none
47	15 & Over 100 Free	48	none
49	8 & U 25 Free	50	none
51	13-14 100 Back	52	none
53	15 & Over 100 Back	54	none
55	8 & U 50 Back	56	none
57	13-14 200 Breast	58	none
59	15 & Over 200 Breast	60	none
61	8 & U 25 Breast	62	none
63	13-14 100 Fly	64	none
65	15 & Over 100 Fly	66	none
67	8 & U 50 Fly	68	none
69	8 & U 100 Free Relay	70	none

**10 Minute Warm-up**

71	Women's 12 & Over 1650	XXX	2
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**Sessions 7 & 8**  
**Sunday A.M.**

73	Girl's Only 11-12 200 Free	XXX	7
75	9-10 100 Free	76	none
77	11-12 50 Breast	78	none
79	9-10 100 Breast	80	none
81	11-12 100 Back	82	none
83	9-10 50 Back	84	none
85	11-12 50 Free	86	none
87	9-10 50 Fly	88	none
89	11-12 100 Fly	90	none
91	9-10 200 Medley Relay	92	none
93	11-12 200 Medley Relay	94	none

**Sessions 9 & 10**  
**Sunday P.M.**

95	13-14 200 Free	96	none
97	15 & Over 200 Free	98	none
99	8 & U 100 Free	100	none
101	13-14 100 Breast	102	none
103	15 & Over 100 Breast	104	none
105	8 & U 50 Breast	106	none
107	13-14 200 Back	108	none
109	15 & Over 200 Back	110	none
111	8 & U 25 Back	112	none
113	13-14 50 Free	114	none
115	15 & Over 50 Free	116	none
117	8 & U 50 Free	118	none

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119	13-14 200 Fly	120	none
121	15 & Over 200 Fly	122	none
123	8 & U 25 Fly	124	none
125	8 & U 100 Medley Relay	126	none
<b><u>10 Minute Warm-Up</u></b>			
XXX	Men's 12 & Over 1650	128	2

**WARM-UP SCHEDULE:**

**FRIDAY:**

Doors open at 3:30 p.m.

Warm-ups: **12 & Under: 3:45 – 4:15 p.m.**

**13 & Over: 4:15 – 4:55 p.m.**

Meet begins at 5:00 p.m.

**SATURDAY & SUNDAY A.M.**

Doors open at 6:45 a.m.

Warm-ups: 7:00 - 7:45 a.m.

Meet begins at 8:00 a.m.

**SATURDAY & SUNDAY P.M.**

Warm-ups not before 11:30 AM - 8& under events will be swum in the north pool exclusively.

Please keep 8 & under warm up in this pool if possible.

Meet begins NOT BEFORE 12:30 P.M.

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**IRISH AQUATICS SWIM CLUB**

**RELEASE AND HOLD HARMLESS AGREEMENT**

CLUB \_\_\_\_\_ (“Club”)

In consideration of being permitted to participate in the swim meet, Club, and its swimmers, coaches, parents, members and volunteers hereby release and forever discharge Irish Aquatics Swim Club, USA Swimming, Indiana Swimming, University of Notre Dame, the respective owners, trustees, directors, officers, agents, employees, members, successors, and assigns of each of them, and all other persons or entities in any way connected with sponsoring or holding this swim meet, of and from any and all liabilities, claims, demands, actions, causes of action, losses, damages or expenses, of whatever kind or character, arising out of or in connection with said swim meet and the facilities and personnel for it. Further, Club and its swimmers, coaches, parents, members and volunteers shall indemnify and hold harmless Irish Aquatics Swim Club, USA Swimming, Indiana Swimming, University of Notre Dame, the respective owners, trustees, directors, officers, agents, employees, members, successors, and assigns of each of them, and all other persons or entities in any way connected with sponsoring or holding this swim meet, of and from any and all liabilities, claims, demands, actions, causes of action, losses, damages or expenses, of whatever kind or character, arising out of or in connection with any injury to any person, including death, or injury or damage to any property.

The undersigned represents that he/she is authorized by the Club and its swimmers, coaches, parents, members and volunteers to execute this release and hold harmless agreement on behalf of each of them, binding Club, and its swimmers, coaches, parents, members, and volunteers to the terms hereof.

EXECUTED THIS \_\_\_\_ DAY OF \_\_\_\_\_, 2008

SIGNATURE \_\_\_\_\_

PRINTED NAME \_\_\_\_\_

POSITION \_\_\_\_\_

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**IRISH AQUATICS OFFICIALS SIGN-UP SHEET**

**Please submit the names of your team's officials that can help with the officiating at our meet on January 9-11, 2009. Thank you.**

Team Name: \_\_\_\_\_

Name	Level	Phone#	e-mail address
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____

**IRISH AQUATICS WINTER INVITATIONAL**  
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**SUMMARY OF ENTRIES**

**Club Name** \_\_\_\_\_ **Club Code** \_\_\_\_\_

Entries and Fees:

Total Swimmers Entered: _____ @ <b>\$1.50</b> Indiana Swimming Athlete surcharge	= _____
Girls Individual Entries : _____ @ \$ 4.00/event	= _____
Boys Individual Entries: _____ @ \$ 4.00/event	= _____
Relay Entries: _____ @ \$ 6.00/event	= _____
<b>TOTAL FEES DUE</b>	= _____

PLEASE INDICATE HOW YOU WOULD LIKE FINAL RESULTS:

\_\_\_\_\_ Hard Copy (.htm file emailed)  
\_\_\_\_\_ Meet Manager Backup (Emailed)  
\_\_\_\_\_ Team Manager .cl2 file (Emailed)  
\_\_\_\_\_ ALL of the above  
Email address to send above to: \_\_\_\_\_

THE FOLLOWING ITEMS NEED TO BE SENT TO THE ENTRY CHAIR UPON ACCEPTANCE OF YOUR TEAM INTO THE MEET. THE DEADLINE FOR RECEIPT OF THESE ITEMS IS Dec. 22, 2008.

1. This summary of entries page
2. The release and hold harmless agreement
3. The officials and timers volunteer sign up sheet
4. A check payable to "Irish Aquatics" in the amount of the fee.

Please forward these items to the Entry Chair:

Mike Laubacher  
726 Cherry Tree Lane  
South Bend, IN 46617

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**HOTEL INFORMATION FOR YOUR TEAM**



**Quality Inn University** by Choice Hotels

515 Dixieway North  
South Bend, IN 46637  
574-272-6600

This is our sponsor hotel and located just 5 minutes away from the pool. When calling for registrations please tell the booking agent that you are with the Irish Aquatics Meet and a special rate will be given for you and your team. There is an on-site restaurant and bar, in-door pool, workout room, and many more amenities. This is also a pet friendly hotel.

Please visit this website for more information on this hotel:

[http://www.qualityinn.com/hotel-south\\_bend-indiana-IN184?sid=FPkcg.JlLeNgN94g.6&sarea=8322&sname=South+Bend&sstate=IN&scountry=US&sradius=64.74&slat=41.6835&slon=-86.2498&schain=Q&exp=&scity=&sort=&type=&map=n](http://www.qualityinn.com/hotel-south_bend-indiana-IN184?sid=FPkcg.JlLeNgN94g.6&sarea=8322&sname=South+Bend&sstate=IN&scountry=US&sradius=64.74&slat=41.6835&slon=-86.2498&schain=Q&exp=&scity=&sort=&type=&map=n)

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