



## Miracle Mile & Wheaton 500

May 31, 2008

The team will be hosting the third annual Wheaton 500 and Miracle Mile on Saturday, May 31, 2008. This is a great chance to get a time in an event you have never done before, get a new cut, set a new team record, or just show how much you have improved from last year.

**Who:** The coaches strongly encourage ALL SWIMMERS in Gold, Junior Nat, Senior, Pre-Nat, and Gold to participate, although swimmers in any group may participate.

The "Wheaton 500" is a **500 yard free** intended for 12 & Under swimmers. The Miracle Mile is a **1650 free** intended for 13 & Over swimmers, although some 11-12's may be eligible for this event as well (check with your group coach). **The times achieved at this meet are official!**

**When:** May 31, 2008 at Wheaton College Pool

**Timeline:** 8:00 warm-ups for miracle mile  
8:30 miracle mile begins!  
10:00 warm-ups for Wheaton 500 in small pool\*  
10:30 (approx) Wheaton 500 begins

\*the small pool will be open the entire time for warm-up / warm-down

**Sign-up:** Many of you have already signed up on your meet entry sheet. If not, or if you would like to be added into these meets, you can email the coaches or return this sheet by May 30.

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## MIRACLE MILE / WHEATON 500 SIGN-UP

**Name:** \_\_\_\_\_ **Group:** \_\_\_\_\_ **Age:** \_\_\_\_\_

Please enter me in the following (check one):

Miracle Mile

Wheaton 500

