



10 & Under Time Trial

Who: All Wheaton swimmers aged 10 & Under

What: Time Trial Meet

When: Saturday, Oct 17, 2009.

Positive Check-In: 1:00 p.m.

Warm-ups 1:15 p.m.

Meet Starts 2:00 p.m.

Meet Ends 3:00 p.m.

Where: Wheaton College Pool

Why: To get meet experience in low key environment, and to meet other swimmers your age! The 10&Under swimmers are spread across five groups (blue, bronze, silver, gold, pre-national) and do not get this chance very often!

Sign-Up: All 10&Under swimmers will be entered unless we hear from you (via email please) by Oct 13, 2009

Cost: \$1 per event (will be billed to your online account after the meet)

Events: The coaches will enter swimmers in four events in most cases. The following events will be offered:

| <u>Girls Event #</u> | <u>Event</u> | <u>Boys Event #</u> |
|----------------------|----------------|---------------------|
| 1 | 9-10 50 Free | 2 |
| 3 | 8&U 25 Free | 4 |
| 5 | 9-10 50 Back | 6 |
| 7 | 8&U 25 Back | 8 |
| 9 | 9-10 50 Breast | 10 |
| 11 | 8&U 25 Breast | 12 |
| 13 | 9-10 50 Fly | 14 |
| 15 | 8&U 25 Fly | 16 |