

**South Eastern Aquatics
Racine Family YMCA Swim Team (SEAY)
January 7-9, 2005
Class A-BB+B+C**

USS Sanction # 2005-006WI

- Meet Director:** Jennifer Pennings (262) 752-0387
1011 Appaloosa Trail
Racine, WI 53402
email: djpennings@earthlink.net
- Entry Chairperson:** Pat Lewno (262) 637-2913
5330 Linden Circle
Racine, WI 53406
e-mail: lewno@execpc.com
- Location:** Carthage College
Koenitzer Aquatic Center
1700 Sheridan Road
Kenosha, WI 53140
- Eligibility:** All swimmers must be currently registered with United States Swimming. Out of state swimmers must present a valid U.S.S. card at the Scoring/Records Table prior to pool entry. Deck registration will be allowed if accompanied by a check for \$45.00 made payable to U.S.A.Swimming plus another \$10.00 processing fee due to SEAY.
- Class of Meet:** Class A-BB+B+C for 10 & U, 11-12, and 13-14. One class for 8 & Under and Senior.
- Facility:** Indoor, twenty-five (25) yard pool with 10 lanes. Pool depth at both ends is twelve (12) feet with 30" starting blocks. An additional six (6) lanes for warm-ups and cool downs will be available throughout the entire meet.
- Timing System:** A fully automatic IST timing system will be used with a manual back-up button, plus two back-up timers for each lane. A horn start will be used to start events. Should the automatic system fail, a gun or horn start will be used.
- General Rules:** Official 2005 U.S.S. and WI LSC rules shall prevail at this meet.
- Format:** All events will be swum as combined and then separated for awards, with the exception of the 8 & Under and Senior events which will be swum and awarded as one class. All events will be pre-seeded with the exception of all 500 freestyle and the 1650 freestyles events which will be positive check-in events and seeded on deck. In addition, the 10 & U and 11-12 200 freestyle and the 11-12 200 back will be also be positive check-in events and seeded on deck. 8 & U will be staged. Please Note: Heats/events may be combined due to time constraints, but will be awarded as separate age groups.
- Schedule/Warm-ups:** Friday warm-ups 4:30 PM. Meet start 5:40 PM. Saturday and Sunday Morning Sessions: warm-ups 7:00 AM. Meet start 8:10 PM. Saturday and Sunday Afternoon: warm-ups will be one hour and will precede the start of the afternoon session. (Estimated meet timeline will be posted on our web site: www.execpc.com/~seay.) Wisconsin Swimming warm-up procedures will be in effect. Morning Sessions will have 30 minutes of circle swimming with no racing starts. **FEET FIRST ENTRY ONLY FROM THE STARTING END OF THE POOL**, unless performing one way starts. The second 30 minutes, sprint lanes will be opened as needed. The afternoon session will use the same format. Violators of the Wisconsin Swimming warm-up procedures may be subject to disqualifications.
- Entry Deadline:** **Team entries on Hy-Tek disk, hard copy, waiver, and fees must be received by the Entry Chair NO LATER than 6:00 PM, December 20, 2004.** Limited to 1500 swims per day on a first come first served basis with a check deposit enclosed with the entry. PLEASE DO NOT submit more entries than you have reserved, UNLESS YOU HAVE CHECKED WITH THE MEET DIRECTOR.

- Entry Fees:** Entry fees will be \$3.00 per individual event and \$10.00 per relay. A one time \$2.00 splash fee (WI LSC Rule) must be paid for each swimmer entered in the meet. All fees must accompany entries. Checks should be made payable to South Eastern Aquatics Y. **Note: Please be sure the waiver is signed. We cannot accept entries without a waiver.**
- Deck Entries:** The entry fee for deck entries will be \$5.00 (\$12.00 for relays). Deck entries will be allowed to fill open lanes (additional heats will not be added). Deck entries close 30 minutes prior to the start of the session.
- Entry Limit:** Participation is limited to a maximum of four (4) individual events per day, plus relays. Age is to be determined as of January 7, 2005.
- Disabled Swimmers:** Coaches are encouraged to inform officials and the Meet Director of any special needs swimmer during warm-ups.
- Deck Seeded Events:** All of the 500 Free and 1650 Free events will be deck seeded, swum fastest to slowest, alternating girls and boys. In addition, the 10 & U and 11-12 200 freestyle and the 11-12 200 back will be deck seeded, swum slow to fast, all girls then all boys. Entries may be limited by Meet Management to adhere to the four (4) hour session rule. Accepted entries will be posted on the web site on Monday evening, January 3rd. Swimmers cut from these events will be refunded their entry fee or that fee can be used to deck seed in any open lane or event. Positive check in for these events will be located at the Scoring/Records Table. Positive check in will close 30 minutes before the start of the session. **The Wisconsin Scratch rule will be in effect for this meet. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which he/she is entered.** **Swimmers must provide their own counters for the 500 Free and the 1650 Free.**
- Relay Cards:** Relay cards will be in the coach's packet. Cards must list the swimmers' last and first names (names must be listed in order of swim) and the ages of the swimmers. All relays will be "mixed" and can consist of any combinations of male and female swimmers.
- Coaches Packet:** Coaches may pick up their packets at the Scoring/Records Table. **Any monies owed must be paid before you can obtain your packet.** Please be prepared to show your U.S.S. coach's card at the time you pick up your team packet. **Coach's cards must be visible at all times on deck.**
- Awards:** Awards will be given for individual events as follows:
 A-BB Class: 1st – 3rd Medals / 4th – 12th Ribbons
 B Class: 1st – 3rd Medals / 4th – 12th Ribbons
 C Class: 1st – 3rd Medals / 4th – 12th Ribbons
 8 & Under Class and Senior Class: 1st – 3rd Medals / 4th – 12th Ribbons
Awards will be given for relay events as follows:
 1st – 6th Ribbons
Awards must be picked up at the meet. Awards will not be mailed after the conclusion of the meet.
- Heat Sheets:** Admission: \$3.00 for spectators over 12 years. Heat Sheets: \$3.00 (For Friday's session, admission includes a heat sheet.)
- Food:** Food and beverages will be available on the premises.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals shall have the authority to remove any swimmer/s from the meet for any violation such as improper behavior damage to property, etc. Such teams are responsible financially for damage of property. There shall be No Smoking permitted at any time on the premises. **Please make sure your team's area on deck and rest area is picked up at the end of each session.**
- First Aid:** Injuries must be reported to the Lifeguard AND to the Meet Director. A first aid kit will be located at the Lifeguard station.

- Lost & Found:** An area for lost and found will be designated at the meet. After the meet contact Jennifer Pennings, Meet Director, at 262-752-0387, before January 22nd.
- Meet Results:** A copy will be provided to every club entered in the meet. Clubs who submit their entries on a disk may have a club representative pick up the disk with results on it at the conclusion of the meet. Those wishing to purchase a copy may do so at the Awards Table for \$10.00.
- Officials:** Phil Eberle, Linda Eberle, Mark Kilmer, Cynthia McCrory, Anna Matson, Jeff Matson, Pete Middlecamp, Linda Sanders, Katharine Van Heesewijk, Dave Pennings
- Directions:** From Milwaukee: South on I-94 to Exit 339, Hwy E, East. ****Remain on Hwy E until you reach Hwy 32 (also known as Sheridan Road). This will be approximately 10 miles. Hwy E will dead end at this intersection. Turn right (south) on Hwy 32 (Sheridan Road). Carthage College will be on the left hand side of the road. From Illinois: North on I-94 to Exit 339, Hwy E East. **Please park on the lower level and enter the building through the lower level doors.****
- Swim Supplies:** *Kiefers* will be on site Saturday-Sunday to provide swim accessories and supplies. You may want to holiday shop for your swimmer!
- Raffle:** **We will be holding our annual raffle. Tickets will be on sale for \$1.00 each.**
- Hotel Info:** Racine:
Comfort Inn, 1154 Prairie Drive, 262-886-6055
Fairfield Inn, 6421 Washington Ave., 262-886-5000
Knights Inn, 1149 Oakes Rd., 262-886-6667
Racine Marriott, 7111 Washington Ave., 262-886-6100
Super 8 Motel, 7141 Kinzie Ave., 262-884-0486
Radisson, 223 Gas Light Circle, 262-632-7777
Kenosha:
Holiday Inn Express, 5125 – 6th Ave., 262-658-3281
Baymont, 7540 – 118th Ave., 262-857-7911

Friday PM Session

Girls	Age-Group	Event	Boys
1	10 & U	200 IM	2
3	11-12	400 IM	4
5	13-14	400 IM	6
7	Senior	400 IM	8
9	11-12	200 Fly	10
11	11-12	200 Breast	12
13	13-14	200 Back	14
15	Senior	200 Back	16
17	10 & U	500 Free*	18
19	11-12	500 Free*	20
21	Senior	1650 Free*	22

SEAY A-BB+B+C Open

January 7-9, 2005

Carthage College

Koenitzer Aquatic Center

1700 Sheridan Road

Kenosha, Wisconsin 53140

*deck seed, check-in, run fast to slow, alternate girls/boys

**deck seed, check-in, run slow to fast, all girls then all boys

% any combination of swimmers

Entries may be limited and/or heats/events combined

Fly over starts may be used

Saturday AM Session

Girls	Age-Group	Event	Boys
23	11 - 12	200 IM	24
25	10 & U	100 Fly	26
27	11 - 12	100 Fly	28
29	10 & U	50 Free	30
31	11 - 12	50 Free	32
33	10 & U	Mixed 200 Free Relay %	33
34	12 & U	Mixed 200 Free Relay %	34
35	10 & U	50 Breast	36
37	11 - 12	50 Breast	38
39	10 & U	100 Back	40
41	11 - 12	100 Back	42
43	10 & U	200 Free**	44
45	11-12	200 Back**	46

Sunday AM Session

Girls	Age-Group	Event	Boys
79	11 - 12	100 IM	80
81	10 & U	100 IM	82
83	11 - 12	50 Fly	84
85	10 & U	50 Fly	86
87	11 - 12	100 Free	88
89	10 & U	100 Free	90
91	12 & U	Mixed 200 Med. Relay %	91
92	10 & U	Mixed 200 Med. Relay %	92
93	11 - 12	100 Breast	94
95	10 & U	100 Breast	96
97	11 - 12	50 Back	98
99	10 & U	50 Back	100
101	11 - 12	200 Free**	102

Saturday PM Session

Girls	Age-Group	Event	Boys
47	8 & U	25 Free	48
49	13 - 14	100 Free	50
51	Senior	100 Free	52
53	8 & U	25 Fly	54
55	13 - 14	100 Fly	56
57	Senior	100 Fly	58
59	8 & U	Mixed 100 Free Relay %	59
60	Senior	Mixed 200 Free Relay %	60
61	8 & U	50 Breast	62
63	13 - 14	200 Breast	64
65	Senior	200 Breast	66
67	8 & U	50 Back	68
69	13 - 14	100 Back	70
71	Senior	100 Back	72
73	8 & U	100 Free	74
75	13 - 14	500 Free *	76
77	Senior	500 Free *	78

Sunday PM Session

Girls	Age-Group	Event	Boys
103	8 & U	25 Back	104
105	13 - 14	200 Free	106
107	Senior	200 Free	108
109	8 & U	25 Breast	110
111	13 - 14	100 Breast	112
113	Senior	100 Breast	114
115	8 & U	Mixed 100 Med. Relay %	115
116	Senior	Mixed 200 Med. Relay %	116
117	8 & U	50 Fly	118
119	13 - 14	200 Fly	120
121	Senior	200 Fly	122
123	8 & U	100 IM	124
125	13 - 14	200 IM	126
127	Senior	200 IM	128
129	8 & U	50 Free	130
131	13 - 14	50 Free	132
133	Senior	50 Free	134

Waiver - Summary Entry Form
(Entries will not be accepted without waiver form)

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assigns, waive and release any and all claims against South Eastern Aquatics/Racine Family YMCA Swim Team/Racine Family YMCA/Carthage College, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this meet. I/We are bona fide amateur athletes and eligible to compete in all events I/we have entered.

Make (2) copies of the entry forms:

1. Mail one copy of entry form, Hy-Tek entry disc, plus entry fees to the entry chair.
2. Retain one copy for coaches' records.

Club Name: _____ Abbr: _____

Signature of Club Official, Parent, or Guardian

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Entry Fee Recap:

Total No. of Individual Events in Meet: _____ x Ind. Entry Fee @ \$3.00 = \$ _____
*Subtract Reservation Fee Already Paid - \$ _____

(*NOTE: Teams who over-reserved cannot use this amount to offset relay fees or splash fees)

Total No. of Relays in Meet: _____ x Relay Entry Fee @ \$10.00 = \$ _____

Number of Swimmers Entered in Meet _____ X \$2.00 ea (WI LSC Splash Fee) = \$ _____

Make Checks Payable to: "SEAY" Your Check Number Is _____ Total Entry Fee = \$ _____

Name of coaches representing your team at meet:

Name: _____ Phone _____

Name: _____ Phone _____

Name: _____ Phone _____

Contact information for team entry person (in case of entry problem):

Name: _____ Phone _____ E-mail _____

Name and address for mailing final results:

Name: _____ E-mail Address: _____

Address: _____

City: _____ State: _____ Zip: _____

Relay Entry / Team Alpha Code: _____

PLEASE PRINT CLEARLY

Relays	Seed Time	Seed Time	Seed Time	Seed Time	Seed Time	Seed Time	Seed Time
Mixed 10&U Girl/Boy 200 Free Relay #33 %	A	B	C	D	E	F	G
Mixed 12&U Girl/Boy 200 Free Relay #34 %	A	B	C	D	E	F	G
Mixed 8&U Girl/Boy 100 Free Relay #59 %	A	B	C	D	E	F	G
Mixed Senior Girl/Boy 200 Free Relay #60 %	A	B	C	D	E	F	G
Mixed 12&U Girl/Boy 200 Medley Relay #91 %	A	B	C	D	E	F	G
Mixed 10&U Girl/Boy 200 Medley Relay #92 %	A	B	C	D	E	F	G
Mixed 8&U Girl/Boy 100 Medley Relay #115 %	A	B	C	D	E	F	G
Mixed Senior Girl/Boy 200 Medley Relay #116 %	A	B	C	D	E	F	G

% Means any combination of boy/girl swimmers