

ILLINOIS SWIMMING SENIOR CHAMPIONSHIPS
SPONSORED by SPEEDO®
Hosted by Palatine Park District Swim Team
March 4-6, 2005

The 2005 Illinois Swimming Championships are held under USA Swimming, Inc. Sanction No. ILS05-0301, (Time Trial Sanction ILS05-0302). All USA Swimming and ISI rules apply including safety rules, which will be strictly enforced and posted at the meet. Please see more complete details on this meet in section 206 of ISI Championship Meets.

LOCATION: University of Illinois at Chicago, 901 W. Roosevelt Road, Chicago, IL.

FACILITY: 8 Lane, 25-yard competition pool with non-turbulent lane lines and a Daktronics timing and display board. Water depth at the start end is 12 feet and turn end is 16 feet deep. There is seating for approximately 1000 spectators.

MEET DIRECTOR
Ray Sophie 847-934-7166
raysophie2001@yahoo.com
ENTRIES
Brian Brown 847-202-3240, 847-774-2397 (cell)
PPDTigersharks@aol.com
WEBSITE
www.ppdswim.org
HOST CLUB ENTRY FAX
847-705-5110

SAFETY COORDINATOR
Curt Freund
MEET REFEREE
Randy Clark
HOST CLUB COACHES
Brian Brown, Brett Wilson
Ed Richardson, Tim Griffin
847-202-3240, PPDTigersharks@aol.com
HOST CLUB SCRATCH FAX
847-705-5110

MEET SCHEDULE:

	PRELIMS		FINALS	
	Warm-Ups	Start	Warm-Ups	Start
Friday	7:30 am	9:00 am	3:30 pm	5:00 pm
Saturday	7:30 am	9:00 am	3:30 pm	5:00 pm
Sunday	7:30 am	9:00 am	2:30 pm	4:00 pm

COACHES MEETING: There will be a coaches meeting 15 minutes prior to the start of each prelim session if needed. Each team or unattached swimmer must be represented.

SCRATCH MEETING: 7:00pm on Thursday, March 3, 2005, at the UIC Pool. Scratches may also be faxed to: **847-705-5110** until 1:00pm on Thursday, March 3, 2005. It is the responsibility of the person submitting scratches to confirm receipt.

ENTRY DETAILS AND DEADLINE: Entries must be received by 6:00pm on Tuesday, February 22, 2005. No late entries will be accepted. All entries with three or more events must be submitted on Hy-Tek. All fees, proof of time and a paper copy of the entry must be received within 48 hours of the entry deadline. *Please see details in section 206 of ISI Championship Meets.*

FAX ENTRY DETAILS AND DEADLINE: Fax entries are limited to qualifying times achieved between 6:01pm on February 22, 2005, and 1:00pm on February 28, 2005, are due by 1:00pm on Monday, February 28, 2005. Please use the fax entry form and fax to: **847-705-5110**. It is the responsibility of the person submitting entries to confirm delivery. *Please see details in section 206 of ISI Championship Meets.*

ENTRY CONFIRMATION: It is the responsibility of the person submitting entries to confirm delivery. Using a service such as the USPS delivery confirmation or a reputable overnight courier will suffice as proof of entry, should the entry be lost. Additionally, it is the responsibility of the person emailing entries to confirm receipt.

QUALIFYING TIMES: 2005 Championship Time Standards are included. Only swimmers having achieved qualifying times after July 18, 2003 and the entry deadline are eligible for this meet. Entry times may be submitted in short course yards, long course meters, or short course meters. Please highlight and note (“LCM” or “SCM”) next to all non-conforming entry times.

ELIGIBILITY: All swimmers must be current (2005) members of USA Swimming and Illinois Swimming. “Applied For” registration numbers will not be accepted; registration forms may be obtained from the ISI office, (630) 844-0476, P.O. Box 877, Aurora, IL, 60507 or downloaded from the Illinois Swimming website. www.ilswim.org.

ENTRY FEES: \$4.00 per individual event, \$10.00 per relay entry. A swimmer surcharge of \$1.00 per swimmer entered in at least one individual event must be included with entry. Manual and faxed entry fees are \$5.00 per individual event and \$15.00 per relay event. Time Trial fees are \$7.50 per individual event and \$20.00 per relay event. Make checks payable to: **Palatine Park District Swim Team.**

EVENT LIMITATIONS: Swimmers may compete in a maximum of six (6) individual events. Swimmers may enter as many events as they have met the qualifying time standard; however, no swimmer may compete in more than three (3) individual events per day.

SEEDING and SCRATCH PROCEDURE: Refer to this meet information and, *please see details in section 206 of ISI Championship Meets.*

INDIVIDUAL EVENTS: All individual events except the 1000 and 1650 free will be conducted as preliminary/final events with consolation and championship final heats. The 1000 and 1650 free are conducted as timed final events. The fastest seeded heat of the women’s and men’s 1000 and 1650 free will swim as the first event of finals on the same day as all other heats for the event. All other heats of the 1000 and 1650 free will be swum at the conclusion of the preliminary session on the day of the event, where the second fastest seeded women’s heat will swim first and the second fastest seeded men’s heat will swim second. The third fastest seeded women’s heat will swim third; the third fastest seeded men’s heat will swim fourth, continuing in this fashion until all heats are swum.

PROOF-OF-TIME: Entries for the **1000 free** and the **1650 free** and **all relay entries** must be accompanied by acceptable proof-of-time with original entry. All relay entries (aggregate and composite) must include names of swimmers used for proof-of-time. Entries requiring proof-of-time will not be seeded without acceptable proof-of-time. *Please see details in section 206 of ISI Championship Meets.*

DISTANCE EVENTS: Coaches/swimmers may choose to swim the 1000 and/or the 1650 free in the prelim session by designating this preference **on the original entry**. In order to swim these events in the prelim session, the original entry must be clearly marked “AM” to the right of the entry time for such entry. The top eight seeded men and women swimmers who have not designated “AM” on their original team entry form will swim in the finals session. Entries not designated as “AM” preference will be seeded in the normal fashion. This preference may not be changed at the meet.

Swimmers with either a 1000 or a 800 free qualifying time may enter the 1650 free event; swimmers with a 1650 or 1500 free qualifying time may enter the 1000 free event. Swimmers should be entered at the lowest non-conforming 1000 or 1650 freestyle time standard.

RELAY EVENTS: Coaches must **check in relays 30 minutes prior to the start of each morning session.** A swimmer need not be entered in an individual event to participate in relays. All relay entries must be pre-proven with the original entry. Proof-of-Time must conform to all current ISI requirements. *Please see details in section 206 of ISI Championship Meets.*

RELAY FORMAT: All relay events will be conducted as timed final events, and will be swum at the end of the preliminary session from slowest to fastest alternating women and men.

BREAKS: Ten-minute breaks with the pool open for warm-ups are scheduled at the following times:

1. Prior to the start of the first heat of the Women’s relay event of each session.
2. Prior to the first heat of the 1000 and 1650 free events in the preliminary session.
3. After the Men’s 1000 and 1650 in the finals session.
4. At the discretion of the meet referee.

READY ROOM AND AWARDS CEREMONY Swimmers in the championship finals should report to the ready room area two heats prior to their event. Awards for women and men will be presented after each men’s championship final heat. Relay awards for day one and day two events will be presented at the beginning of the following evening’s finals.

AWARDS The **Carolyn Lambert Award** will be presented to the overall team champion. Additionally, team awards will be given to the top three combined teams and the top women’s and men’s team. State Champ swim caps will be given to the top finisher in relay and individual events. Other awards will be given to the top 8 finishers in individual events, and the top three finishers in relay events.

SCORING

SCORING BY PLACE															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
INDIVIDUAL EVENT SCORING															
20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
RELAY EVENT SCORING															
40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

MISSED QUALIFYING TIMES and FINES: *Please see details in section 206 of ISI Championship Meets.*

MEET COMMITTEE/TECHNICAL JURY: The Meet Director and the Senior Vice-Chair will select the Meet Committee. The committee will consist of a coach, an athlete, and 1-3 other individuals.

TIME TRIALS: Time trials will be offered at the meet for competing swimmers. *Please see details in section 206 of ISI Championship Meets.*

WARM-UP: All ISI warm-up and safety procedures will be in effect.

ADMISSION: \$3.00 per session (12 & under free). Special 3-day heat sheet package 1 daily prelim heat sheet, and 1 daily finals heat sheet: \$15.00 (daily heat sheets for either preliminaries or finals will be distributed on the corresponding day’s competition only). Daily preliminary heat sheets are \$4.00; daily finals heat sheets are \$2.00.

FOOD and SWIM SHOP CONCESSIONS: Food and swim shop concessions will be available at the meet.

MEET RESULTS: Meet results will be available via .pdf file on the Illinois Swimming website. After each session the meet host will post unofficial results on the Palatine Park District Swim Team website: www.ppdswim.org/

PARKING: Parking is tentatively available in the Morgan Street lot across from the UIC pool. Fees range from \$4.00-\$12.00 per day. Check the Palatine Park District website for final parking details prior to the meet: www.ppdswim.org/

HOTELS: Contact the host club for hotel information: www.ppdswim.org/

LOCKER ROOMS: Locker rooms will be shared with other patrons during the event. No horseplay will be tolerated.

DECK ADMITTANCE: Current USA Swimming membership is required for coaches and working officials to be on deck. Coaches must be current with all safety certifications. Coaches and officials must display USA Swimming credentials at all times while on deck.

TIMERS: Each team with swimmers in the meet must provide timers. A list of lane assignments will be mailed out after the entry deadline. Team assignments will be posted at the meet. A club timer coordinator with phone number and email address must be listed on your Team Summary and Release Form that is submitted with your entry.

DEADLINE AND MEETING SUMMARY:

Tuesday	February 22	6:00pm	Entry deadline
Monday	February 28	1:00pm	Fax entry deadline
Thursday	March 3	1:00pm	Fax scratch deadline
Thursday	March 3	7:00pm	Initial scratch deadline
Friday	March 4	8:30am	Relay check-in deadline
Friday	March 4	8:45am	Coaches meeting (if necessary)
Friday	March 4	5:30pm	Scratch deadline for next day's events
Saturday	March 5	8:30am	Relay check-in deadline
Saturday	March 5	8:45am	Coaches meeting (if necessary)
Saturday	March 5	5:30pm	Scratch deadline for next day's events
Sunday	March 6	8:30am	Relay check-in deadline
Sunday	March 6	8:45am	Coaches meeting (if necessary)

ENTRY CHECKLIST:

The following **MUST** be included with the entry:

1. Hy-Tek Commlink II disk with Hy-Tek entry printout. (individual entry form may be used for less than 3 total entries)
2. Relay Entry Form and Distance Events Entry Form with all proof of times.
3. Team Summary and Release Form.
4. All entry fees and swimmer surcharge payments. *Checks payable to: Palatine Park District Swim Team*

MAIL ENTRIES TO:	"Senior Championships" Brian Brown c/o Palatine P.D. Swim Team 250 E. Wood Palatine, IL 60067	EMAIL ENTRIES TO:	PPDTigersharks@aol.com
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ENTRIES MUST BE RECEIVED AT THE ABOVE LOCATION BY 6:00 PM Tuesday, February 22, 2005

*If using Express Mail service please sign the release allowing delivery without a signature.
 If verification of receipt is desired, please enclose a self-addressed, stamped post card with entry.*

ILLINOIS SWIMMING 2005 SENIOR CHAMPIONSHIPS

WOMEN			Friday, March 4, 2005				MEN	
<u>Event #</u>	<u>SCM</u>	<u>LCM</u>	<u>SCY</u>	<u>Event Name</u>	<u>SCY</u>	<u>LCM</u>	<u>SCM</u>	<u>Event #</u>
1	9:55.39	10:17.19	11:21.99	800/1000 Freestyle	10:55.99	9:44.99	9:32.19	2
				10 minute break				
3	1:20.79	1:25.19	1:13.49	100 Breaststroke	1:07.19	1:18.49	1:14.99	4
5	2:13.99	2:21.19	2:03.49	200 Freestyle	1:53.59	2:11.59	2:04.59	6
7	1:09.69	1:13.19	1:04.19	100 Butterfly	58.19	1:06.59	1:03.69	8
9	2:33.19	2:40.99	2:20.79	200 Individual	2:09.09	2:30.09	2:22.79	10
				Medley				
				10 minute break				
11	9:29.29	9:45.09	8:33.79	800 Free Relay	7:49.59	9:11.19	8:52.99	12

WOMEN			Saturday, March 5, 2005				MEN	
<u>Event #</u>	<u>SCM</u>	<u>LCM</u>	<u>SCY</u>	<u>Event Name</u>	<u>SCY</u>	<u>LCM</u>	<u>SCM</u>	<u>Event #</u>
13	5:31.19	5:41.49	4:58.79	400 Individual Medley	4:42.79	5:28.89	5:22.49	14
15	28.59	30.09	25.79	50 Freestyle	23.19	27.09	25.79	16
17	2:56.69	3:06.99	2:38.39	200 Breaststroke	2:29.39	2:54.39	2:45.39	18
19	1:12.19	1:15.59	1:05.19	100 Backstroke	:59.99	1:10.09	1:06.79	20
21	4:46.69	4:57.39	5:32.29	400/500 Freestyle	5:11.99	4:41.79	4:35.19	22
				10 minute break				
23	4:58.19	5:05.39	4:25.79	400 Medley Relay	4:05.79	4:39.39	4:32.99	24

WOMEN			Sunday, March 6, 2004				MEN	
<u>Event #</u>	<u>SCM</u>	<u>LCM</u>	<u>SCY</u>	<u>Event Name</u>	<u>SCY</u>	<u>LCM</u>	<u>SCM</u>	<u>Event #</u>
25	19:25.69	19:49.69	19:10.79	1500/1650 Freestyle	18:19.79	18:49.09	18:25.09	26
27	2:35.89	2:42.99	2:19.69	200 Backstroke	2:11.99	2:37.59	2:31.39	28
29	1:01.79	1:05.19	56.39	100 Freestyle	51.89	58.79	56.39	30
31	2:37.49	2:44.89	2:26.39	200 Butterfly	2:15.39	2:38.29	2:30.89	32
				10 minute break				
33	4:24.69	4:30.09	3:55.29	400 Free Relay	3:32.79	4:10.89	4:02.09	34
				10 minute break				