

ILLINOIS SWIMMING REGIONAL CHAMPIONSHIPS
Sponsored by SPEEDO®
February 25-27, 2005

This year, there are FOUR (4) Regional Championship Meets.
YOU MUST COMPETE IN THE REGION YOU WERE ASSIGNED. PLEASE SEE TEAM
ASSIGNMENTS ON THE FOLLOWING PAGE

IMPORTANT DATES FOR ALL REGIONAL MEETS

Entry Deadline:	Tuesday, February 15	6:00 PM
Fax Entry Deadline:	Monday, February 21	1:00 PM

**ALL TEAMS WILL BE REQUIRED TO PROVIDE TIMERS
FOR THE SESSIONS REQUESTED BY THE HOST TEAM.**

**PLEASE NOTE THAT THE AGE GROUPS FOR THIS MEET ARE 10&U, 12&U,
14&U AND SENIOR.**

**SENIOR CHAMPIONSHIP FAX ENTRY INFORMATION FROM THE REGIONAL
CHAMPIONSHIP MEETS:**

A table will be set up at each of the Regional Championship meets for swimmers to enter Senior Championships with times achieved at the Regional Championships.

Guidelines for entering Senior Championships from the Regional Championship Meet.

1. All times must be NEW Senior Championship qualifying times achieved at the Regional Championship meet.
2. Swimmers must go to the Senior Championship entry table at the Regional meet and enter their event(s) BEFORE they leave the meet. INDIVIDUAL FAX ENTRIES WILL NOT BE ACCEPTED. YOU MUST FOLLOW THIS PROCEDURE.
3. You will pay for your entries at the Senior Championships. No money will be taken at the Regional Championships.
4. Teams may enter relays based on aggregate time(s) achieved at the Regional Championships.

ILLINOIS SWIMMING REGIONAL CHAMPIONSHIPS

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February 25-27, 2005

TEAM ASSIGNMENTS

You must attend the meet to which you are assigned. All unattached athletes must contact the ISI Office (630-844-0476) to determine which meet they should attend.

EMSC	FOX	HFSC		CATS	
BLFN	ACAD	BBSC	NCYS	AA	LEAN
BTS	AURY	BNY	OCS	BDSC	LFSC
CIA	BRSA	BRRY	OFSA	BEST	MMSC
DCST	DLTA	BSA	OLSC	BSC	NASA
DDST	EXPR	CCMY	PASS	CATS	NSSC
DOCS	FOX	CHMP	POSA	CLSC	NTSC
EMSC	HSC	CSSC	RASC	COHO	NU
FAST	MAVS	CWAC	RBSC	DUND	PAC
HLYS	NAPV	DSC	RKSA	DUST	PARK
MBLM	OBS	EASC	RPSC	EGSC	RIC
MCY	PPD	GILS	SBD	ELY	SCT
MSSC	SCST	HFSC	SPY	ERSC	SPD
PAWW	TOPS	HWSA	SST	EST	SWRD
RCA	WCS	ILAQ	SSYA	GTAC	WILD
RIOS	WWAC	JETS	STRM	HIGH	WSO
RMSC		KAST	SUSA	HOSC	Y2K
SSSC		LGSC	TPSC	LACS	YWFF
		LHSC	UICS	LATT	
		LWSA	WEST		
		LYON	WHTN		
		MARL			

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The 2005 Illinois Swimming Short Course Regional Championship Meets are USA Swimming, Inc. sanctioned, EMSC ILS05-0314 FOX ILS05-0315, HFSC ILS05-0317, CATS ILS05-0318. All USA Swimming and ISI rules apply including safety rules, which shall be strictly enforced and posted at the meet.

There are four (4) Regional Championship Meets this year. Please check the Team Listings for the location of the meet your team has been assigned. Each team may only attend the meet to which they are assigned.

LOCATION:

HFSC	FOX	EMSC	CATS
Homewood-Flossmoor HS 999 Kedzie Street Flossmoor, IL 60430	Neuqua Valley HS 2360 95th Street Naperville, IL 60564	East Moline Swim Club 4011 Archer Drive East Moline, IL 61244	Flames Natatorium University of Illinois-Chicago 901 West Roosevelt Road Chicago, IL

FACILITY:

HFSC	FOX	EMSC	CATS
8 Lane, 25 yard competition pool with permanent bulkhead and Competitor non-turbulent lane lines. Colorado System 5 timing system with 8-lane scoreboard readout. Water depth at the start is 14 feet and at turn end is 7 ½ feet. There is seating for approximately 600 spectators.	8 lane, 25 yard, 8 lane pool with non-turbulent lane lines. Depth of 13' at the start end, and 9' at the turn end. There is an electronic scoreboard showing all eight lanes. Grandstand seating is available with a capacity of 700. There is a separate 3 lane warm-up pool.	6 lane, 25 yard competition pool with non-turbulent lane lines and Daktronics timing system. Scoreboard readout for 6 lanes. Water depth at start is 5 ¼ feet, and at turn end is 3 ½ feet.	Eight lane 25-yard competition pool.. The start end and the turn end of the pool are 16' 0" deep. Lanes are separated by 6" Wave Eater Advantage anti-wave lane lines.. The timing system is a Daktronics OmniSport® 2000 with an 8 lane readout board. There is a separate area of the pool that will be designated for warm up/swim down.

MEET ADMINISTRATION:

	HFSC	FOX	EMSC	CATS
Meet Director	Lynn Peterson 708-798-5206	Mike King 630-851-3402	David Busch (d) 309-752-1624 (e) 309-755-0459	Jenell Mroz 847-680-9327 Ann Marr 847-816-0431
Entry Chair	Erik Enslin 9949 Elm Circle Drive Oak Lawn, IL 60453 708-305-3198	Cindy King 332 Newport Lane Aurora, IL 60504 630-851-3402	David Busch 4011 Archer Drive East Moline, IL 61244 309-755-0459	Kate Chronic 29599 N. Midlothian Rd Mundelein, IL 60060 847-830-7946
Meet Referee	Jim Scheffke JPSCHEFFKE@comcast.net	Jim Audet jimaudet@aol.com	Jim Williams	Jerry Orbon jworbon@aol.com
Safety Coordinator	Terri Klopp	Cecilia Dalle Molle	Toni Moore	Jeff Blair
E-Mail Address	coacherik@comcast.net	Flakker2@aol.com	dbusch@riroe.k12.il.us	ChronicKS@aol.com
Fax Number	708-576-4064	630-851-5733	309-752-1608	847-376-8710, please include fax cover addressed to Kate Chronic
Web Site	www.homewoodflossmoorswim.org	www.foxswimteam.com	n/a	www.cats-aquatics.com

ENTRIES MUST BE RECEIVED BY THE MEET ENTRY CHAIR BY Tuesday, February 15, 2005 6:00 PM

No late entries will be accepted.

*If using Express Mail service please sign the release allowing delivery without a signature.
If verification of receipt is desired, please enclose a self-addressed, stamped post card with entry.*

**IT IS THE RESPONSIBILITY OF THE PERSON COMPLETING THE ENTRY
TO GET THE ENTRY TO THE PROPER MEET HOST.**

MEET SCHEDULE:

Friday Evening Session (1) Ages All		Saturday and Sunday Morning Sessions (2 & 4) Ages 12 & Under; 10 & Under		Saturday and Sunday Afternoon Sessions (3 & 5) Ages 14 & Under, Senior	
Warm-up:	5:00 PM	Warm-up:	7:00 AM	Warm-up:	12:00 PM
Positive Check-In Closes:	5:25 PM	Positive Check-In Closes:	7:25 AM	Positive Check-In Closes:	12:25 PM
Start:	6:00 PM	Start:	8:00 AM	Start:	1:00 PM

POSITIVE CHECK-IN: All events will be **Positive Check-In**, timed finals. Each swimmer must check herself/himself in with the Clerk of Course at least 35 minutes prior to the start of each session for the events they will be swimming. Any swimmer who does not check-in with the Clerk of Course, prior to the deadline for Positive Check-In, will be scratched from all events for that day. Swimmers missing Positive Check-In will only be placed if and wherever any openings may occur, regardless of original seed time. All swimmers will be expected to report for their events **on time**. **No** show rules will apply as stated in ISI Article 206.11

COACHES MEETING: There will be a coaches meeting 15 minutes prior to the start of each session if needed. Each team or unattached swimmer must be represented.

PROOF-OF-TIME: For the following events, proof of time must be submitted with the entry forms: 11-12 500 Free, Senior 400 IM, 500 Free, 1000 Free, and 1650 Free. Swims in these events for which proof of time is not submitted will not be seeded.

QUALIFYING TIMES: 2004 Short Course Regional Championship Time Standards are included. Only swimmers having achieved qualifying times by February 15, 2005 are eligible for this meet. Qualifying times achieved at sanctioned or approved competitions between 6:01 pm February 15 and 1:00 pm February 21, 2005 (dates inclusive), are subject to restrictions.

*****Swimmers having achieved an Age Group or Senior Championship time standard in any course may NOT compete in that event in the Regional Championships in that event.*****

Minimum Qualifying Time:	2005 Illinois Regional Championship time standards
Maximum Qualifying Time:	2005 Age Group Championship (Senior Championship for Senior events) Time Standards, except where noted on the order of events.

ENTRY FEES: \$4.00 per individual event. A swimmer surcharge of \$1.00 per swimmer entered in at least one individual event must be included with entry. Manual entries and FAX entry fees are \$5.00 per individual event.

EVENT LIMITATIONS: Swimmers may compete in a maximum of nine (9) individual events. Swimmers may enter as many events as qualified to swim. Swimmers may only swim a maximum of four (4) events per day. For the Friday evening Session 1, the host club reserves the right to limit each event (combined women and men) to the fastest six (6) heats. Those entries not accepted will be returned to the club.

INDIVIDUAL EVENTS:

- All events will be conducted as timed finals.
- The 1650 Free will be swum fastest to slowest, alternating between Women's and Men's heats. A swimmer who has qualified in the 800 meters or 1000 yards may swim the 1650 Free, but must enter using the Long Course 1500 meter qualifying time.

RELAY EVENTS: THERE ARE NO RELAYS AT THE REGIONAL CHAMPIONSHIP MEETS.

MEET RESULTS: One copy of the results will be sent to each club entered in the meet. Extra copies may be ordered for \$10.00

FOOD & SWIM SHOP CONCESSIONS: Complete food and swim shop concessions will be available at the meets.

INDIVIDUAL AWARDS: Rosette Ribbons for 1ST-8TH places will be awarded in each event.

TEAM AWARDS: There are no team awards for this meet.

AWARDS CEREMONY: Awards for women and men will be presented after each set of four individual events are swum.

ILLINOIS SWIMMING
2005 REGIONAL CHAMPIONSHIPS
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FRIDAY FEBRUARY 25, 2005						
GIRLS			SESSION 1	BOYS		
<u>Event #</u>	<u>Min SCY</u>	<u>Max SCY</u>	<u>Event Name</u>	<u>Max SCY</u>	<u>Min SCY</u>	<u>Event #</u>
1	3:06.29	none	12 & Under 200 Fly	none	3:04.69	2
3	8:30.49	none	10 & Under 500 Free	none	8:25.49	4
5	3:27.29	none	12 & Under 200 Breast	none	3:21.79	6
7	12:07.59	11:22.00	Senior 1000 Free	10:56.00	11:41.49	8
9	3:03.29	none	12 & Under 200 Back	none	2:59.39	10
11	6:34.39	none	12 & Under 400 IM	none	6:27.29	12

SATURDAY FEBRUARY 26, 2005						
GIRLS			SESSION 2	BOYS		
<u>Event #</u>	<u>Min SCY</u>	<u>Max SCY</u>	<u>Event Name</u>	<u>Max SCY</u>	<u>Min SCY</u>	<u>Event #</u>
13	6:27.39	5:52.20	12 & Under 500 Free	5:59.00	6:34.89	14
15	1:31.29	1:23.00	10 & Under 100 Fly	1:25.10	1:33.59	16
17	1:16.19	1:09.30	12 & Under 100 Fly	1:11.30	1:18.39	18
19	33.59	30.60	10 & Under 50 Free	31.00	33.99	20
21	30.29	27.60	12 & Under 50 Free	27.60	30.39	22
23	1:38.29	1:29.40	10 & Under 100 Breast	1:32.20	1:41.49	24
25	1:26.19	1:18.40	12 & Under 100 Breast	1:20.09	1:28.09	26
27	39.79	36.20	10 & Under 50 Back	37.00	40.59	28
29	35.19	32.00	12 & Under 50 Back	32.90	36.19	30
31	3:08.49	2:51.40	10 & Under 200 IM	2:53.10	3:10.39	32
33	2:43.29	2:28.50	12 & Under 200 IM	2:33.60	2:48.99	34

SATURDAY FEBRUARY 26, 2005						
GIRLS			SESSION 3	BOYS		
<u>Event #</u>	<u>Min SCY</u>	<u>Max SCY</u>	<u>Event Name</u>	<u>Max SCY</u>	<u>Min SCY</u>	<u>Event #</u>
35	5:58.99	5:32.30	Senior 500 Free	5:12.00	5:39.09	36
37	6:06.39	5:33.10	14 & Under 500 Free	5:23.90	5:56.29	38
39	1:10.69	1:04.20	Senior 100 Fly	58.20	1:04.09	40
41	1:11.09	1:04.60	14 & Under 100 Fly	1:02.40	1:08.69	42
43	28.39	25.80	Senior 50 Free	23.20	25.59	44
45	28.79	26.20	14 & Under 50 Free	25.00	27.49	46
47	1:20.89	1:13.50	Senior 100 Breast	1:07.20	1:13.99	48
49	1:21.39	1:14.00	14 & Under 100 Breast	1:10.90	1:17.99	50
51	2:33.69	2:19.70	Senior 200 Back	2:12.00	2:25.19	52
53	2:33.99	2:20.00	14 & Under 200 Back	2:17.70	2:31.49	54
55	5:28.69	4:58.80	Senior 400 IM	4:42.80	5:11.09	56
57	5:28.29	4:58.50	14 & Under 400 IM	4:54.20	5:23.59	58

ILLINOIS SWIMMING
2005 REGIONAL CHAMPIONSHIPS
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SUNDAY FEBRUARY 27, 2005						
GIRLS			SESSION 4	BOYS		
<u>Event #</u>	<u>Min SCY</u>	<u>Max SCY</u>	<u>Event Name</u>	<u>Max SCY</u>	<u>Min SCY</u>	<u>Event #</u>
59	2:46.59	2:31.50	10 & Under 200 Free	2:33.60	2:48.99	60
61	2:24.89	2:11.70	12 & Under 200 Free	2:13.00	2:26.29	62
63	38.19	34.70	10 & Under 50 Fly	35.20	38.69	64
65	33.39	30.40	12 & Under 50 Fly	31.00	34.09	66
67	1:25.99	1:19.10	10 & Under 100 Back	1:19.90	1:27.89	68
69	1:15.99	1:09.10	12 & Under 100 Back	1:10.70	1:17.79	70
71	44.79	40.70	10 & Under 50 Breast	41.90	46.09	72
73	39.49	35.90	12 & Under 50 Breast	36.60	40.29	74
75	1:14.79	1:08.00	10 & Under 100 Free	1:08.60	1:15.49	76
77	1:05.99	1:00.00	12 & Under 100 Free	1:00.00	1:05.99	78
79	1:26.19	1:18.40	10 & Under 100 IM	1:19.20	1:27.09	80
81	1:16.19	1:09.30	12 & Under 100 IM	1:10.20	1:17.19	82

SUNDAY FEBRUARY 27, 2005						
GIRLS			SESSION 5	BOYS		
<u>Event #</u>	<u>Min SCY</u>	<u>Max SCY</u>	<u>Event Name</u>	<u>Max SCY</u>	<u>Min SCY</u>	<u>Event #</u>
83	2:15.89	2:03.50	Senior 200 Free	1:53.60	2:14.99	84
85	2:16.29	2:03.90	14 & Under 200 Free	1:59.00	2:10.89	86
87	2:41.09	2:26.40	Senior 200 Fly	2:15.40	2:28.99	88
89	2:41.09	2:26.40	14 & Under 200 Fly	2:23.40	2:37.69	90
91	1:11.79	1:05.20	Senior 100 Back	1:00.00	1:05.99	92
93	1:11.49	1:05.00	14 & Under 100 Back	1:02.90	1:09.19	94
95	2:54.29	2:38.40	Senior 200 Breast	2:29.40	2:44.39	96
97	2:56.59	2:40.60	14 & Under 200 Breast	2:38.00	2:53.79	98
99	1:02.09	56.40	Senior 100 Free	51.90	57.09	100
101	1:02.49	56.80	14 & Under 100 Free	54.40	59.79	102
103	2:34.89	2:20.80	Senior 200 IM	2:09.10	2:22.09	104
105	2:34.89	2:20.80	14 & Under 200 IM	2:16.00	2:29.59	106
107	21:27.69	19:10.80	Senior 1650 Free	18:19.80	20:55.49	108

2005 ILLINOIS SWIMMING REGIONAL CHAMPIONSHIPS

TEAM SUMMARY & RELEASE FORM

Name of Club _____ Club Code _____

Club Timer Coordinator _____ Phone _____

Complete Mailing Address: _____

Names of Coaches at Meet _____

CLUB CONTACT PERSON: _____ EMAIL ADDRESS: _____

Club Officials for meet (Name, certification type, and Phone #)

NAME _____ Certification _____ Phone # _____

NAME _____ Certification _____ Phone # _____

Total Womens Events _____	X	\$4.00 per event =	\$ _____
Total Mens Events _____	X	\$4.00 per event =	\$ _____
Total Relays Entered <u>NA</u>	X	\$10.00 per relay =	\$ <u>NA</u>
Number of Women Entered in Individual Events _____	X	\$1.00 Surcharge =	\$ _____
Number of Men Entered in Individual Events _____	X	\$1.00 Surcharge =	\$ _____
Make Checks Payable to appropriate Host Club Total Amount Enclosed = \$			_____

In consideration of the acceptance of this entry, intending to be legally bound, I hereby consign, waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., host clubs, their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

The undersigned coach or team representative of all swimmers listed on this entry hereby certifies that all times stated on this entry form are true and correct. The undersigned further assumes responsibility for any false or incorrect times, and acknowledges that, in accordance with ISI and USA Swimming rules, a substantial fine will be paid to Illinois Swimming, Inc., for each time that is false, incorrect, or unacceptable.

Signature of Coach, Parent, or Club Representative

(H) _____ (W) _____
Phone for entry questions

REGIONAL CHAMPIONSHIPS

ILLINOIS SWIMMING REGIONAL CHAMPIONSHIPS

TEAM NAME: _____

10 & UNDER		MEN	WOMEN	FRI	SATURDAY				SUNDAY						
NAME (Last, First, MI)		USA Swimming ID		500 Free	100 Fly	50 Free	100 Breast	50 Back	200 IM	200 Free	50 Fly	100 Back	50 Breast	100 Free	100 IM
1)															
2)															

12 & UNDER		MEN	WOMEN	SATURDAY				SUNDAY							
NAME (Last, First, MI)		USA Swimming ID		500 Free	100 Fly	50 Free	100 Breast	50 Back	200 IM	200 Free	50 Fly	100 Back	50 Breast	100 Free	100 IM
1)															
2)															

14 & UNDER		MEN	WOMEN	SATURDAY				SUNDAY							
NAME (Last, First, MI)		USA Swimming ID		500 Free	100 Fly	50 Free	100 Breast	200 Back	400 IM	200 Free	200 Fly	100 Back	200 Breast	100 Free	200 IM
1)															
2)															

SENIOR		MEN	WOMEN	FRI	SATURDAY						SUNDAY						
NAME (Last, First, MI)		USA Swimming ID		1000 Free	500 Free	100 Fly	50 Free	100 Breast	200 Back	400 IM	1650 free	200 Free	200 Fly	100 Back	200 Breast	100 Free	200 IM
1)																	
2)																	

12 & UNDER		MEN	WOMEN	FRIDAY			
NAME (Last, First, MI)		USA Swimming ID		200 Fly	200 Breast	200 Back	400 IM
1)							
2)							

TOTAL ENTRIES THIS PAGE _____

REGIONAL CHAMPIONSHIPS

ILLINOIS SWIMMING REGIONAL CHAMPIONSHIPS

TIMED FINAL EVENT PROOF-OF-TIME FORM 14 & UNDER / SENIOR

TEAM NAME:		FRIDAY		SATURDAY		SUNDAY	
EVENT:							
NAME	Last, First, MI	DATE	MEET	DATE	MEET	DATE	MEET
1.							
2.							
3.							
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19.							
20.							

REGIONAL CHAMPIONSHIPS

ILLINOIS SWIMMING REGIONAL CHAMPIONSHIPS

TIMED FINAL EVENT PROOF-OF-TIME FORM 10 & Under ; 12 & Under

TEAM NAME:		FRIDAY		SATURDAY		SUNDAY	
EVENT:							
NAME	Last, First, MI	DATE	MEET	DATE	MEET	DATE	MEET
1.							
2.							
3.							
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20.							

REGIONAL CHAMPIONSHIPS

2005 ILLINOIS SWIMMING REGIONAL CHAMPIONSHIPS

FAX ENTRY FORM

Name of Club: _____ Club Code: _____

Coach of Record for this meet: _____

Contact Person for this entry: _____

Phone (Day) _____ (Eve) _____ EMAIL address: _____

Please refer to the ISI Rules & Regulations (Article 206) for additional information regarding FAX entry procedures.

The deadline for FAX entries is 1:00 PM, Monday, February 21, 2005

It is the responsibility of the sender to ensure that this FAX is sent to the correct host and is received.

	HFSC	FOX	EMSC	CATS
Entry Chair	Erik Enslin 708-305-3198	Cindy King 630-851-3402	David Busch 309-755-0459	Kate Chronic 847-830-7946
Fax Number	708-576-4064	630-851-5733	309-752-1608	847-376-8710, please include fax cover addressed to Kate Chronic

NAME Last, First, MI	USA Swimming ID	EVENT #	EVENT NAME	SEED TIME
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				

Total Women's Events _____ X \$5.00 per event = \$ _____

Total Men's Events _____ X \$5.00 per event = \$ _____

Total Relays Entered _____ X \$15.00 per relay = \$ _____

Number of Women Entered in Individual Events _____ X \$1.00 Surcharge = \$ _____

Number of Men Entered in Individual Events _____ X \$1.00 Surcharge = \$ _____

(No ISI Surcharge for relay-only swimmers)

Make checks payable to the appropriate host club Total Amount Enclosed = \$ _____

Signature: _____
(Club Representative)

REGIONAL CHAMPIONSHIPS

2005 ILLINOIS SWIMMING REGIONAL CHAMPIONSHIPS

FAX SCRATCH FORM

Name of Club: _____ Club Code: _____

Coach of Record for this meet: _____

Contact Person for this entry: _____

Phone (Day) _____ (Eve) _____ EMAIL address: _____

Please refer to the ISI Rules & Regulations (Article 206) for additional information regarding FAX Scratch procedures.

	HFSC	FOX	EMSC	CATS
Entry Chair	Erik Enslen 708-305-3198	Cindy King 630-851-3402	David Busch 309-755-0459	Kate Chronic 847-830-7946
Fax Number	708-576-4064	630-851-5733	309-752-1608	847-376-8710, please include fax cover addressed to Kate Chronic

The deadline for FAX scratches is 1:00 PM, Thursday, February 24, 2005

It is the responsibility of the sender to ensure that this FAX is sent to the correct host and is received.

The 2005 Regional Championship meet is positive check in so pre-meet scratching is not necessary, however, if you would like to scratch swimmers in advance, please use this form.

NAME Last, First, MI	USA Swimming ID	EVENT #	EVENT NAME	SEED TIME
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Signature: _____

(Club Representative)

REGIONAL CHAMPIONSHIPS