



Session 1*

Tues April 3 through Sat May 5

(5 weeks)

	M	T	W	Th	F	S
Nat	6-745 WC	530-730 COD	6-745 WC	530-730 COD	530-730 COD	8-10 WC
Jnat	345-530 COD	4-6 COD	345-530 COD	4-6 COD	4-6 COD	8-10 WC
Sr	off	4-530 COD	630-730 WC	4-530 COD	4-530 COD	8-930 WC
Gold	4-530 WC	4-530 WC	4-530 WC	4-530 WC	4-530 WC	8-930 WC
Sil	515-630 WC	515-630 WC	515-630 WC	515-630 WC	530-645 WC	off
Bz	430-530 COD	430-530 COD	off	430-530 COD	430-530 COD	off
Bl	off	6-645 COD	445-530 COD	6-645 COD	530-615 COD	off
Or	off	530-6 COD	off	530-6 COD	off	off

* Session 1 Note: We will start up slowly the first three weeks for National and Junior National. Practices will generally be 1 or 1.25 hrs week one, then 1.25 or 1.5 hours week 2, then 1.75 or 2 hours week 3. The exact schedule will be posted on our Team Calendar Online

Session 2**

Mon May 7 through Sat June 9

(5 weeks)

	M	T	W	Th	F	S
Nat	430-630 DGS	615-830 COD	330-530 COD	615-830 COD	615-830 COD	2 hrs
Jnat	345-530 COD	4-615 COD	345-530 COD	4-615 COD	4-615 COD	2 hrs
Sr	off	445-615 COD	4-530 COD	445-615 COD	445-615 COD	off
Gold	4-530 COD	4-530 COD	off	4-530 COD	4-530 COD	1.5 hr
Sil	415-530 COD	530-645 COD	off	530-645 COD	530-645 COD	off or meet
Bz	off	430-530 COD	off	430-530 COD	430-530 COD	off or meet
Bl	off	6-645 COD	off	6-645 COD	530-630 COD	off or meet
Or	off	530-6 COD	off	530-6 COD	off	off

Session 2 note - highlighted boxes are changes from the preliminary schedule
See our online Team Calendar for all other practice ammendments

Session 3

Mon Jun 11 through Thurs July 26

(7 weeks)

	M	T	W	Th	F	S
Nat AM	5-7 AM APD	5-7 NS	5-7 AM APD	5-7 NS	9-11	5-7 NS
Nat PM	2-4	2-4	2-4	2-4	2-4	off
Jnat AM	630-8 S.B.	off	630-8 S.B.	off	9-11	8-10 S.B.
Jnat PM	4-530	4-6	4-530	4-6	4-530	off
Sr	230-4	4-530	230-4	4-530	4-530	off or meet
Gold	4-530	4-530	4-530	4-530	4-530	off or meet
Sil	4-515	5-615	4-515	5-615	4-515	off or meet
Bz	245-345	245-345	245-345	245-345	off	off or meet
Bl	2-245	2-245	2-245	2-245	off	off or meet
Or	off	off	off	off	off	off
Lessons	130-2	130-2	130-2	130-2	130-2	off

Session 3 note- all practices are at COD unless otherwise noted